

Frequently asked questions



How do I receive a FREE Sands mug?

- * This will be sent automatically to our first 100 sign-ups for this event. If you are signing up as an individual you will get one automatically if you click yes in the sign up form. If you are signing up as a group, you will receive one for free and can buy additional cups for the rest of the group.

When will I receive my medal?

Once you have...

- * Told us about your completed walk. This could be a screenshot of your route, a team photo or social post.
- * Raised at least £50 for Sands through the mistletoe memory walk.

How should I collect my sponsorship/donations

- * We would suggest using our special Mistletoe Memory Walk online fundraising page which you'll receive access to once you've registered. Look out for what happens when you reach your target! However if you prefer you can use [JustGiving](#) or [VirginMoneyGiving](#)

What is the difference between individual, small group and large group?

- * An individual is you, just 1 person
- * A small group is 5 or less people
- * A large group is 6 or more people. There is no maximum number of people who can take part but do make sure you consider safety and confirm all permissions you may need

Do I have to fundraise?

- * We would encourage anyone who is taking part to raise a minimum of £50. Whatever you can raise will though, make a difference.

How do I pay in my sponsorship?

- * All online donations come through directly to Sands. For cash or cheque contact the Fundraising Team: by emailing fundraising@sands.org.uk



Mistletoe Memory Walk